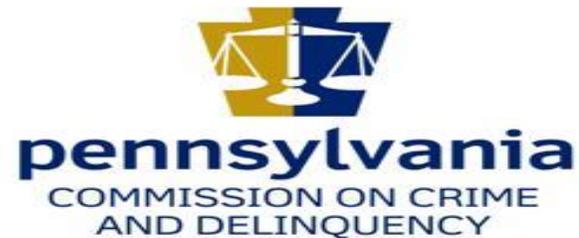


Motivational Interviewing



...IMPLEMENTATION ACROSS SYSTEMS

**PROJECT MADE POSSIBLE THRU MOTIVATIONAL INTERVIEWING PCCD GRANT
(BYRNE JUSTICE ASSISTANCE GRANT PROGRAM)**



THE APPLICATION WAS A COLLABORATIVE SUBMISSION THROUGH:

MERCER COUNTY COMMUNITIES THAT CARE

MERCER COUNTY JUVENILE PROBATION

MERCER COUNTY BEHAVIORAL HEALTH COMMISSION (SINGLE COUNTY AUTHORITY)



The Criminal Justice System and the Behavioral Health System function independently of one another in serving adjudicated children, families, and adults with substance abuse or mental health disorders.

JUSTICE AND BEHAVIORAL HEALTH
TRADITIONALLY HAVE HAD
INCONGRUENT PHILOSOPHIES.

Justice

- Disciplinary and Punitive
- Protect and Uphold Public Safety
- Supervise and Isolate
- Compliance is achieved through external pressures



Health

- Therapeutic and Rehabilitative
- Change and Transformation comes from within the individual
- Personal skill development and growth
- Rehabilitation comes through recovery

Justice

- Time-limited and specifically defined
- Processes and procedures specific to Justice



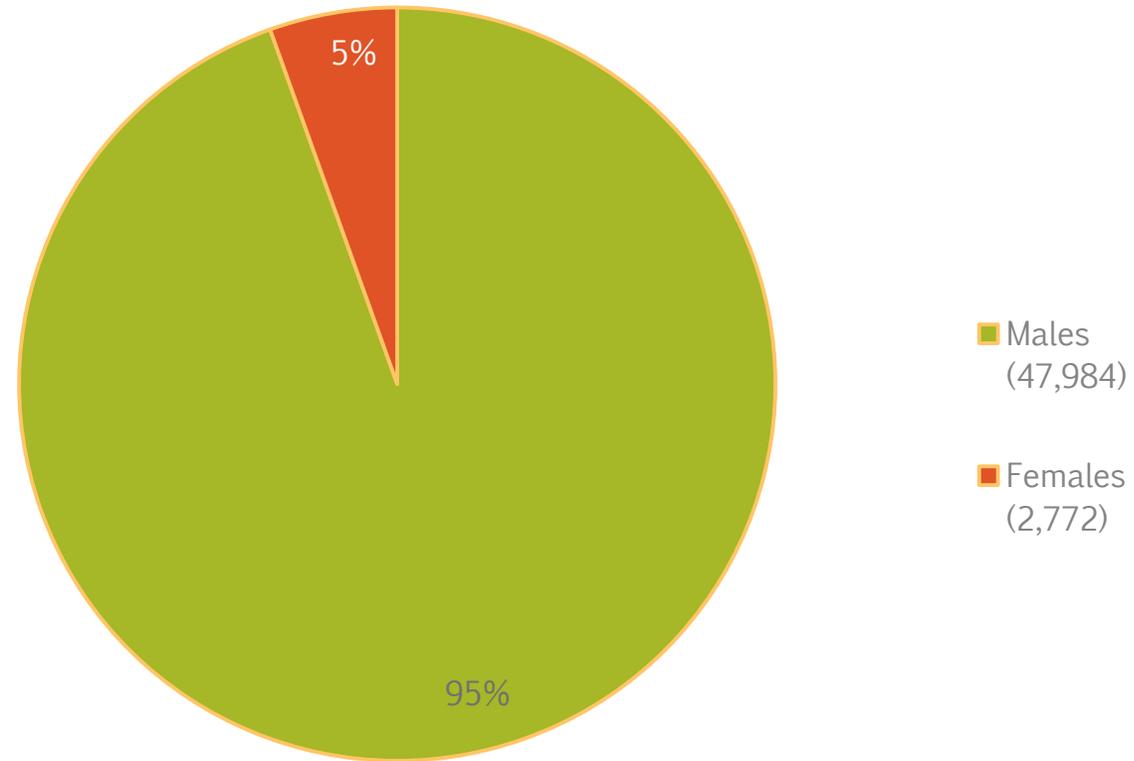
Health

- Recovery is on-going and has no time limits
- Treatment environments and models of health vary

However, the two divergent systems
have much in common.

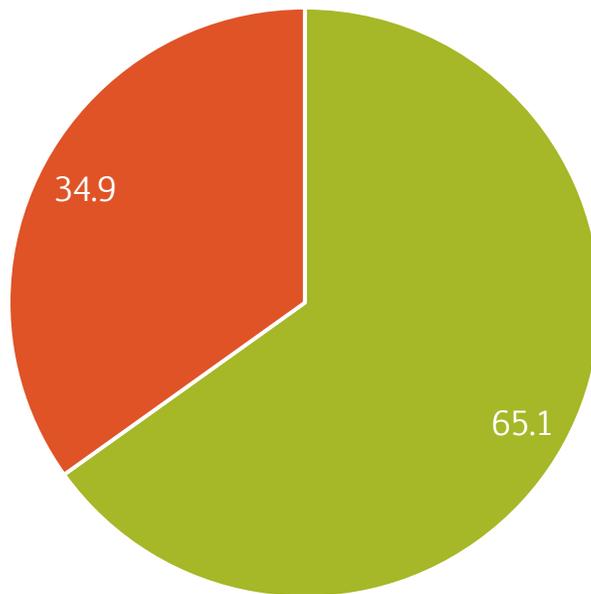
2014 PA Department of Corrections Inmate Statistics

2014 Total Incarcerated Inmates (50,756)

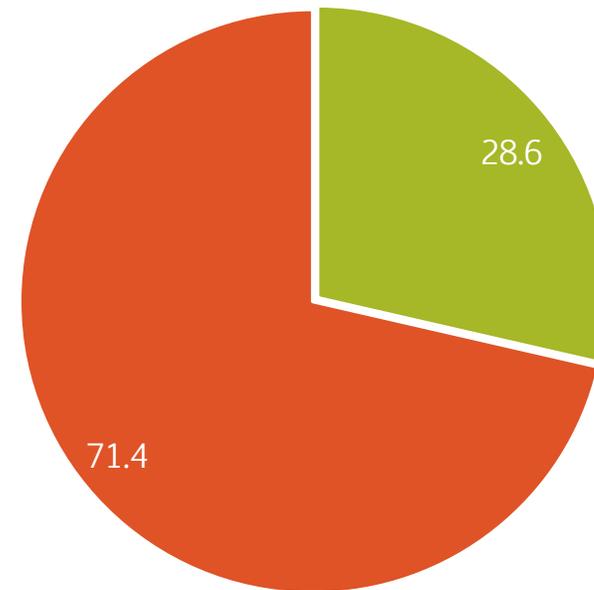


2014 PA Department of Corrections Inmate Statistics- Males

Alcohol and Other Drugs



Mental Health

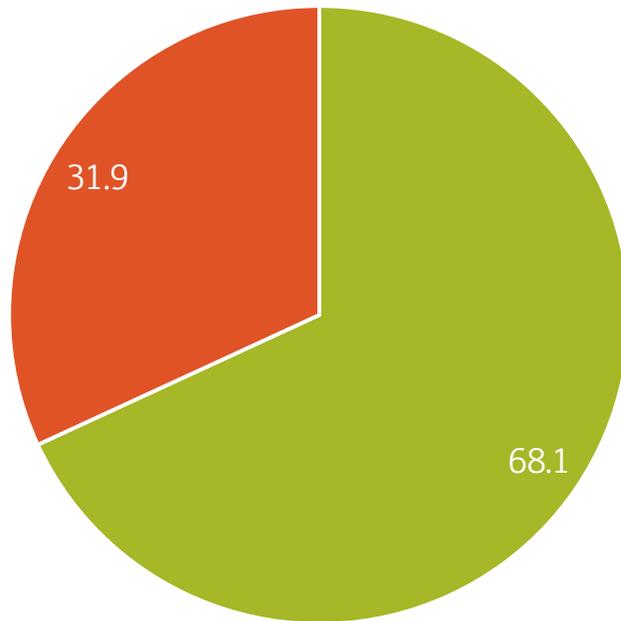


■ Need Treatment ■ Do Not Need Treatment

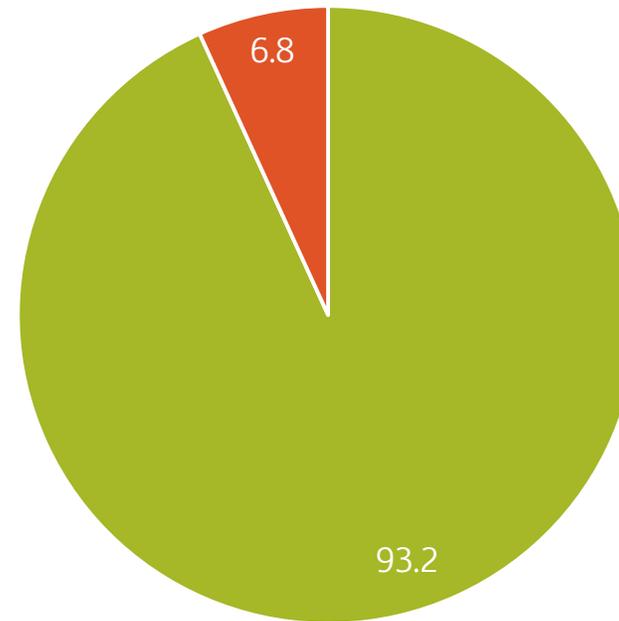
■ Need Treatment ■ Do Not Need Treatment

2014 PA Department of Corrections Inmate Statistics- Females

Alcohol and Other Drugs



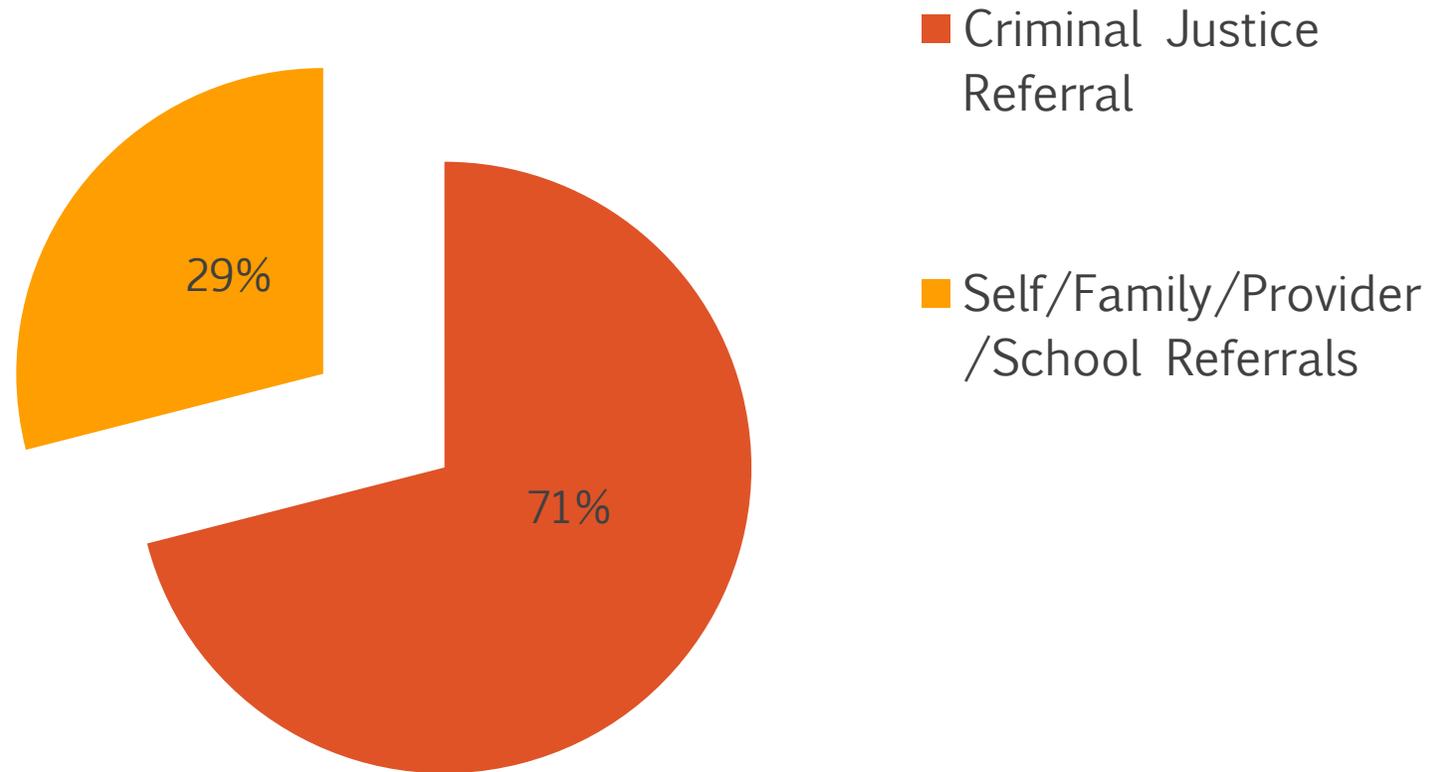
Mental Health



■ Need Treatment ■ Do Not Need Treatment

■ Need Treatment ■ Do Not Need Treatment

Mercer County Behavioral Health Commission's Central Intake Unit (2013) Substance Abuse Assessments



Two Local (Mercer County) Licensed Substance Abuse Providers

	SRBHS	CCC
Substance Abuse Population from the Criminal Justice System	78%	71%
Mental Health Population from the Criminal Justice System	8%	5%

Mercer County Prison/DSI Jail Management Software

- **70%**

(201 inmates: 89 MH and 112 D&A) of the September 2013 Mercer County Prison total daily census of 285 are identified to have prior behavioral health issues. (175 of the 201 inmates are considered repeat offenders);

- **72%**

(198 inmates: 86 MH and 112 D&A) of the October 2013 Mercer County Prison total daily census of 275 are identified to have prior behavioral health issues. (169 of the 198 inmates are considered repeat offenders);

Mercer County Prison/DSI Jail Management Software

- 71%

(210 inmates: 101 MH and 109 D&A) of the November 2013 Mercer County Prison total daily census of 298 are identified to have prior behavioral health issues. (175 of the 210 inmates are considered repeat offenders);

- 80%

(201 inmates: 93 MH and 109 D&A) of the December 2013 Mercer County Prison total daily census of 254 are identified to have prior behavioral health issues. (174 of the 201 inmates are considered repeat offenders).

The Project Was Built Upon Two Acknowledgements:

- The Justice and Behavioral Health Systems have incongruent philosophies
- The Justice and Behavioral Health Systems share a large population

The Motivational Interviewing Systems Integration (MISI) Project for Mercer County proposed that the Justice and Behavioral Health Systems adopt a shared, consistent, and effective intervention.

Substance Abuse and Mental Health Services Administration (SAMHSA)

- National Registry of Evidenced-Based Programs and Practices
- Seventeen systematic reviews which demonstrate the efficacy of motivational interviewing-based interventions which include at least one or more behavioral outcomes for substance abuse and mental health.
- Treatment Improvement Protocol/TIP 35 (MI serves as the framework)



The National Institute of Drug and Alcohol (NIDA)

The world's largest supporter of research on drug abuse and addiction.

- Conducted clinical trials on the efficacy of Motivational Interviewing
- MI improves treatment engagement & retention
- MI improves treatment outcomes
- NIDA has validated: the longer an individual remains in treatment, there is a direct correlation to greater clinical outcomes



National Institute
on Drug Abuse

Mercer County Motivational Interviewing System Integration (MISI)

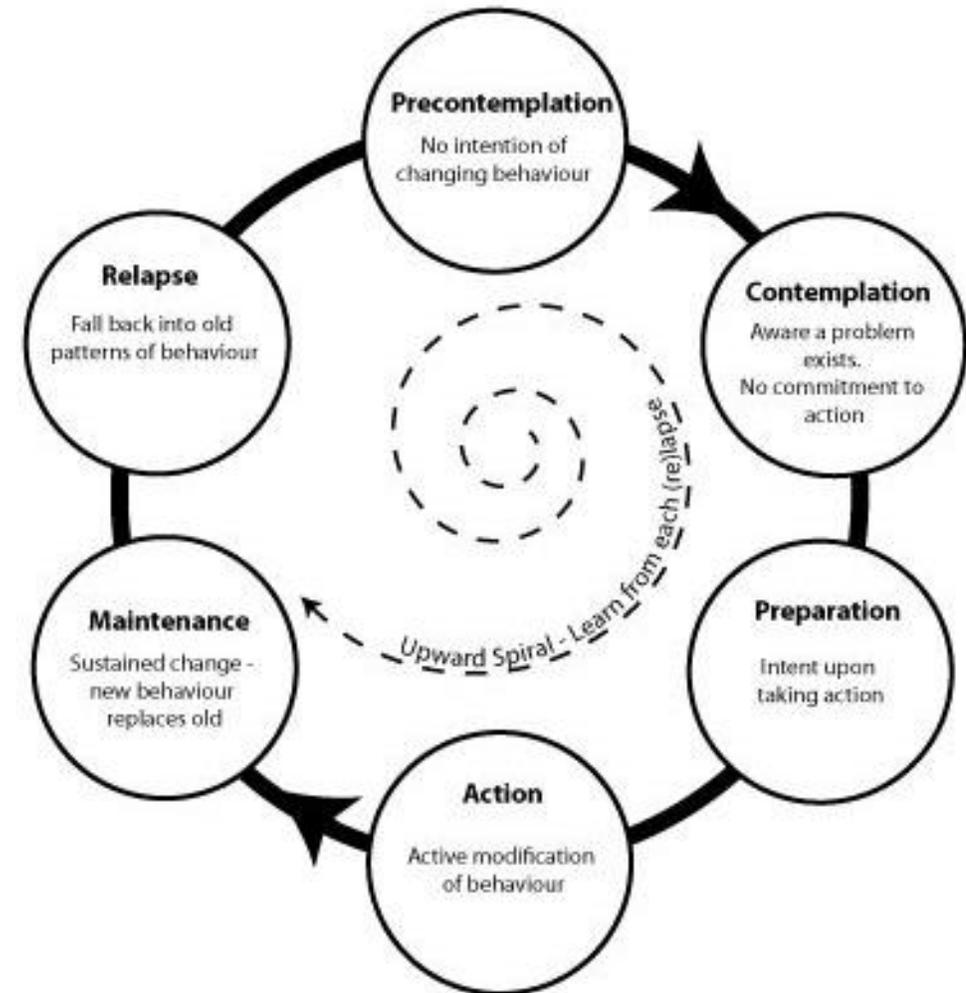


Mercer County created interdependent systems with increased consistency and competencies. Systems essentially have aligned under MI.

Motivational Interviewing Stages of Change Theory

Prochaska and DiClemente

- Pre-Contemplation
- Contemplation
- Action
- Maintenance
- Relapse



Contemplation

- Wax and wane toward the idea of change
- Often influenced by emotionally salient events
- IS the state of ambivalence



Motivational Interviewing is
the Treatment of Choice for
Ambivalence.

One of the biggest differences between MI techniques and other techniques is that *the client* is the one who verbalizes the need for change rather than the therapist/probation officer/caseworker/teacher/police officer/etc.



CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

June 2010

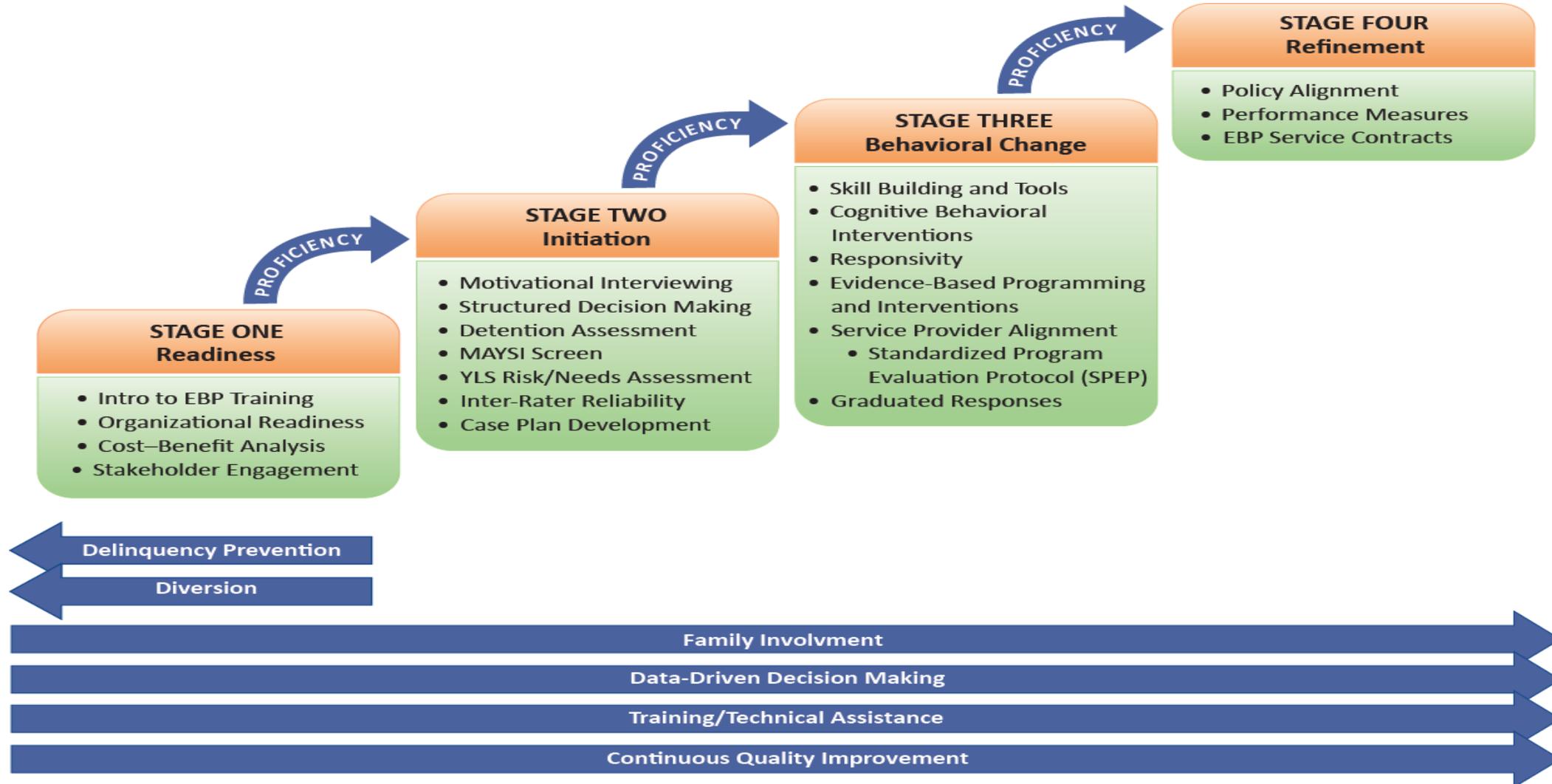
- Juvenile Justice System Enhancement Strategy (JJSES) is introduced
- Motivational Interviewing is established as a STAGE TWO activity
- **STAGE TWO: Initiation- Motivational Interviewing**, Structured Decision Making, Detention Assessment, MAYSI Screen, YLS Risk/Needs Assessment, Inter-Rater Reliability, & Case Plan Development

September 2012

- PCCD Grant is offered that encouraged counties to acquire MI Training
- Crawford & Mercer County collaborate on the grant application and are awarded \$30,538 to train all staff in both departments



JJSES Framework





CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

November 2012 & January 2013

- MI 101 Training (2 Two-Day Trainings - Kessler & Foltz) were held in which 29 JPOs & Supervisors were trained.
(All 29 received 4 days of MI 101 Training)
- Although the training was received poorly by staff, MCJPD & CCJPD administration still strongly supported the endeavor.

March 2013

- 2 Mercer County JPOs & 1 Supervisor volunteered/were appointed to attend MI Coaching Intensive Training. Similarly, Crawford County also assigned 2 JPOs and 1 Supervisor.
- The 3-Day Coaching Intensive Training was provided by Barb Orr and Marilyn Stein in Lancaster, PA.
- The training was very well received!



CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

April 2013

- Mercer County MI Policy was created & adopted as standard protocol (**Thank you, Columbia County!!!**)
- All staff participate in quarterly booster trainings and are observed/coded on a quarterly basis
- *** The policy continues to be utilized as originally written

April 2014

- PCCD Grant is offered that encourages counties to acquire MI Training and make efforts to sustain the practice.
- Mercer County Behavioral Health Commission, Mercer County Communities That Care (CTC) and Mercer County Juvenile Probation collaborate on the grant application to provide MI training to all human service providers county-wide.



CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

September 2014

- The collaboration entitled “Mercer County Motivational Interviewing System Integration (MISI) Project receives PCCD funding in the amount of \$62,363.
- The MISI Project proposed to provide **MI 101 training** to no fewer than 75 therapists, case managers, school administrators & counselors, etc., and **Advanced Coaches Training** to no fewer than 20 individuals representing 10 different organizations.
- It also promised to assemble a Mercer County MI Peer network for sustainability purposes.

November-December 2014

- Three commercial-style “Splash Events” were held to educate stakeholders on motivational interviewing, spark an interest in the project, and gain commitment to participate in all facets of the project
- The events were held November 12, 2014, November 18, 2014, & December 9, 2014 at three different strategic locations.



CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

January 7th & 8th 2015

- First MI 101 training presented by Barb Orr
- 53 Individuals representing 16 different organizations attended.
- MCJPD MI Coaches (Josh Leskovac & Sharlee Beatty) attended to add supporting testimony (via familiar faces) to the usefulness of MI to those just being introduced to it for the first time.

February 4th & 5th 2015

- Second MI 101 training presented by Josh Leskovac & Sharlee Beatty.
- 78 individuals representing 23 Different organizations attended.



CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

February 25th & 26th 2015

- Third MI 101 Training presented by Mercer County JPOs, Josh Leskovac & Sharlee Beatty
- 58 individuals representing 19 different organizations attended.

March 23rd & 24th 2015

- Fourth MI 101 Training presented by Barb Orr
- 44 individuals representing 16 different organizations attended.



CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

May 11th & 12th 2015

- The 2-day Advanced Coaches Training was presented by Mercer County JPOs, Josh Leskovac & Sharlee Beatty.
- 32 individuals representing 16 different organizations attended **(We had to limit two from each!)**
- Each coach received a digital recorder (\$65 value) for their agency upon completion.

September 24th 2015

- The first biannual meeting of the Mercer County MI Peer Network was held.
- This 3.5 hour meeting was designed to share progress, share information, provide assistance where needed, encourage fidelity & sustainability, provide booster exercises, and perform inter-rater reliability exercises for coding.
- 21 of the 32 coaches that were trained attended. These coaches represented 12 of the 16 organizations.



Total MISI Project Representation (263 attendees, 33 organizations)

- Mercer County Behavioral Health Commission (BHC)
- Mercer County Communities That Care (CTC)
- Mercer County Juvenile Probation
- Mercer County Children & Youth Services (CYS)
- Family Services of NW PA (MST & FGDM provider)
- Children's Aid Society
- Community Court Program (volunteer court panels)
- Mercer County Intermediate Punishment Program (IPP)
- Comprehensive Children and Family Services (BSC, MT & TSS)
- Associates in Counseling & Child Guidance (BSC, MT & TSS)
- Youth Advocacy Program (YAP) Inc.
- Court Appointed Special Advocate (CASA)
- Turning Point D&A Rehabilitation Facility
- AWARE of Mercer County
- Keystone Adolescent Center
- Keystone Community-Based Family Intervention Program
- Community Counseling Center (MDFT Provider)
- District Attorney's Office
- Public Defender's Office
- Southwest Mercer County Regional Police Department (School Resource Officers)
- Sharon Police Department (School Resource Officers)
- Parkside Psychological Associates
- Paoletta's Counseling and Rehabilitative Services
- Vocational & Psychological Services
- Family Behavioral Resources
- Rainbow Recovery
- Discovery House
- School Districts (Greenville, Lakeview, West Middlesex, Farrell, Sharon, & Keystone Charter School)



MISI Project Representation with commitment to reach fidelity & sustainability (16 organizations)



- Mercer County Behavioral Health Commission
- Mercer County Juvenile Probation
- Mercer County Children & Youth Services
- Keystone Adolescent Center
- Keystone Community Based Family Intervention Program
- Family Behavioral Resources
- Court Appointed Special Advocate's Office (CASA)
- Discovery House
- Community Counseling Center
- Family Services of NW PA
- Comprehensive Children & Family Services
- Youth Advocacy Program (YAP)
- Mercer County Intermediate Punishment Program
- Children's Aid Society
- Paoletta's Counseling
- Lakeview School District



CHRONOLOGY OF MI EVENTS 2010 TO PRESENT

September 9th 2015

- The Mercer County Motivational Interviewing System Integration (MISI-2) Project receives PCCD funding for a *continuation grant* in the amount of \$43,610

Project goals include:

- Provide one 2-day MI 101 Training (est. 50 attendees)
 - Expand agency & law enforcement involvement by 5 new agencies (includes paid wages for law enforcement & direct care counselors/therapists) (Provide Cont. Ed. Credits!)
- Provide one 2-day Advanced Coaches Training (est. 30 attendees)
 - Expand membership to 5 additional organizations
- Provide a 3.5 hour Booster Training / Expand membership of Mercer County MI Peer Network
- Advance the training of five (5) select individuals (3 from Children and Youth Services and 2 from the Mercer County Behavioral Health Commission) through their attendance in the 3-day Coaches training in Lancaster provided by Barb Orr & Marilyn Stein





Why have traditional Justice System & Treatment Approaches Been Ineffective?

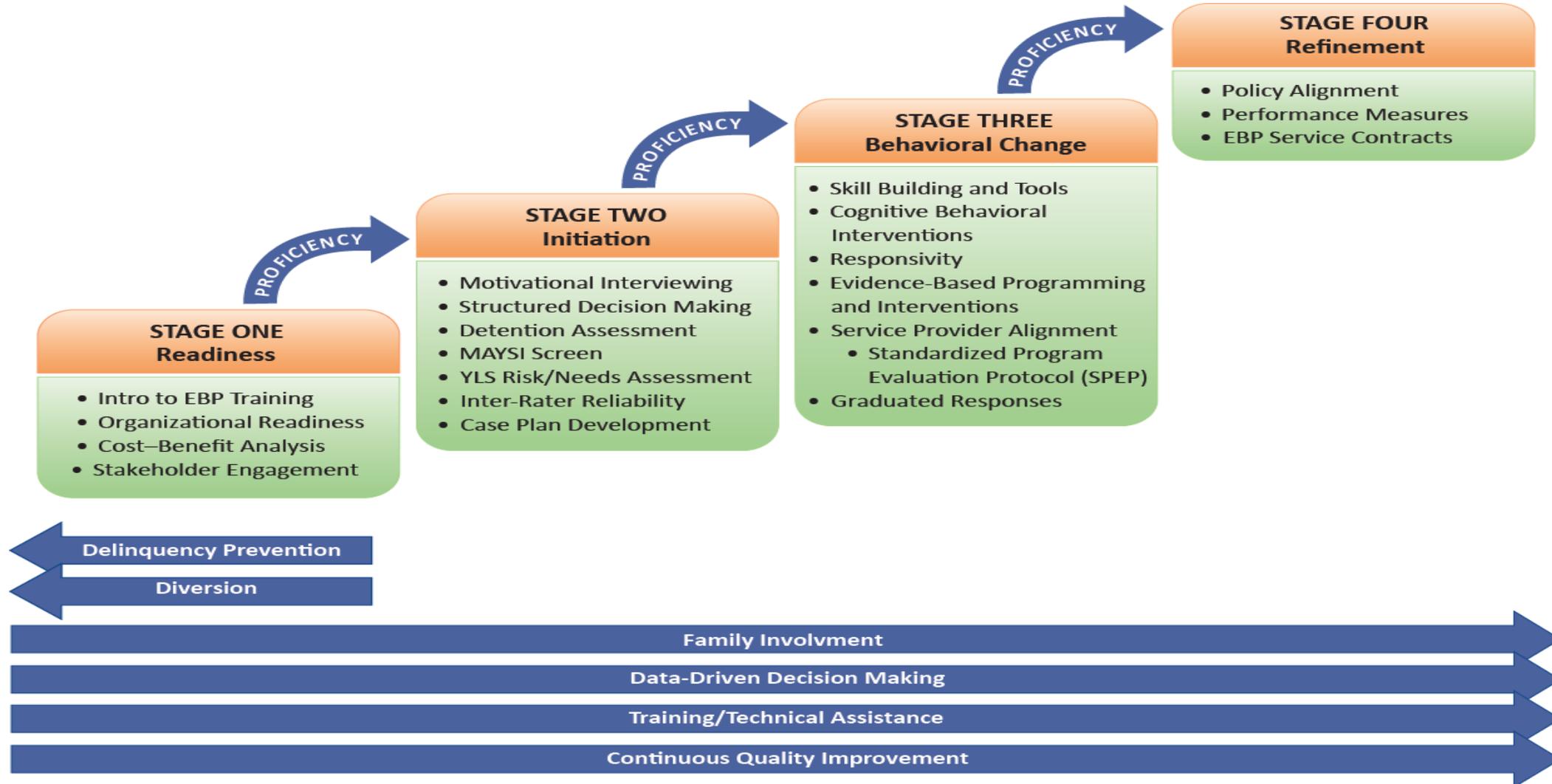
1. We are giving too much attention to the low risk and too little to the high risk
2. We have not applied research knowledge to practices or applied them with fidelity
3. The systems are not in alignment!
4. Workloads are too high; lack of change leads to burnout
5. Concerns around lawsuits and public pressure (CYA)
6. We are focusing on the wrong issues



We dedicate ourselves to working in partnership to enhance the capacity of Pennsylvania's juvenile justice system to achieve its balanced and restorative justice mission by:

- Employing evidence-based practices, with fidelity, at every stage of the juvenile justice process;
- Collecting and analyzing the data necessary to measure the results of these efforts; and, with this knowledge,
- Striving to continuously improve the quality of our decisions, services, and programs.

JJSES Framework





Motivational Interviewing System Integration Project

“MI creates the
foundation for which
effective prevention
and intervention
efforts are based.”

--Kimberly Anglin,
2014