SESSION STRUCTURE

PART B: WHAT RESPECT LOOKS LIKE

- **Check In**
  - **Goals**
    - Build the relationship
    - Prepare for the session by checking for crises (“clearing the fog”)
    - Assess recent youth behavior
  - **Activities**
    - Ask how the caregiver is doing
    - Ask what has transpired since last contact
    - Ask about progress of youth

- **Review**
  - **Goals**
    - Ensure assignment was completed
    - Check for learning retention
  - **Activities**
    - Review lessons from Part A of the workbook
    - Review the assignment where caregiver recalls times they (or friends of theirs) acted disrespectfully as an adolescent

- **Intervention**
  - **Goals**
    - Examine how well the family models respect
    - Learn the 5 principles of respect
  - **Activities**
    - Identify behaviors that reflect the five key principles of respect

- **Assignment**
  - **Goal**
    - Understand how respectful or disrespectful homelife has been in the past
  - **Activity**
    - Record incidents where respect and disrespect were displayed in the home

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**DURATION**

**30 MINUTES**

Check-in: 4 Minutes

Review: 5 Minutes

Intervention: 18 Minutes

Assignment: 3 Minutes

Note: it may take 2 or more sessions to cover the material depending on family circumstances

Facilitator Guide: Respect in the Home - Part B