SESSION STRUCTURE

PART C: HOW ARE WE DOING?

☐ Check In
  Goals
    ☐ Build the relationship
    ☐ Prepare for the session by checking for crises
      ("clearing the fog")
    ☐ Assess recent youth behavior
  Activities
    ☐ Ask how the caregiver is doing
    ☐ Ask what has transpired since last contact
    ☐ Ask about progress of youth

☐ Review
  Goals
    ☐ Ensure assignment was completed
    ☐ Check for learning retention
  Activities
    ☐ Review lessons from Part B of the workbook
    ☐ Review the assignment about past respectful
      or disrespectful behavior in the home

☐ Intervention
  Goal
    ☐ Understand the importance of modeling
      respect for the youth and developing a plan to
      get respect back (if it was lost)
  Activity
    ☐ Practice the steps to getting respect back

☐ Assignment
  Goal
    ☐ To restore lost respect (or alternative goal)
  Activity
    ☐ Have a discussion with youth on getting
      respect back in the family (or alternative
      activity)

DURATION
35 MINUTES

Check-in:  4 Minutes

Review:  5 Minutes

Intervention: 25 Minutes

Assignment: 1 Minute

Note: it may take 2 or more sessions to cover the material depending on family circumstances