

SESSION STRUCTURE

PART D: THE ROLE OF LISTENING IN RESPECT

Check In

Goals

- Build the relationship
- Prepare for the session by checking for crises (“clearing the fog”)
- Assess recent youth behavior

Activities

- Ask how the caregiver is doing
- Ask what has transpired since last contact
- Ask about progress of youth

Review

Goals

- Ensure assignment was completed
- Check for learning retention

Activities

- Review lessons from Part C of the workbook
- Review the discussion with youth on restoring respect (or alternative assignment)

Intervention

Goal

- Learn effective listening skills that increase youth’s sense of being heard

Activity

- Learn the ways that lead to better listening and apply them to scenarios

Assignment

Goal

- Develop a plan to increase respect in the home going forward

Activity

- Develop and implement a 4-step plan to have a conversation with youth on how to increase respect in the home

DURATION
40 MINUTES

Check-in: 4 Minutes

Review: 8 Minutes

Intervention: 22 Minutes

Assignment: 6 Minutes

Note: it may take 2 or more sessions to cover the material depending on family circumstances