SESSION STRUCTURE

PART D: EFFECTIVE USE OF AUTHORITY

- **Check In**
  - Goals
    - Build the relationship
    - Prepare for the session by checking for crises (“clearing the fog”)  
    - Assess recent youth behavior
  - Activities
    - Ask how the caregiver is doing
    - Ask what has transpired since last contact
    - Ask about progress of youth

- **Review**
  - Goals
    - Ensure assignment was completed
    - Check for learning retention
  - Activities
    - Review lessons from Part C of the workbook
    - Review the most recent assignment where caregiver put in place the five-step process of applying consequences and keep track of how well it worked

- **Intervention**
  - Goals
    - Learn how to use parental authority effectively when necessary
  - Activities
    - Learn and practice the three-step process for using parental authority

- **Assignment**
  - Goals
    - Use effective parental authority techniques
  - Activity
    - Give assignment to put the three-step process of parental authority in practice

DURATION
20 MINUTES

Check-in: 4 Minutes

Review: 5 Minutes

Intervention: 10 Minutes

Assignment: 1 Minute